



# HENRY BAKER COLLEGE

MELUKAVU, KOTTAYAM

Founded 1981

Accredited by NAAC With 'A' Grade An ISO 9001 : 2015 Certified Institution

A Christian Minority Educational Institution run by C.S.I East Kerala Diocese  
*Affiliated to Mahatma Gandhi University, Kottayam*

- 1. Gender Sensitization Action Plan 2021-2022**
- 2. Report of the Programmes**

# Gender Sensitization Action Plan

## 1. Gender Sensitization Action Plan 2021-2022

Sl No	Aim	Plan of Action	Organizing Body	Outcome
1	To create awareness about POCSO Act and Gender Equality	Decided to conduct a webinar on POCSO Act	NSS Unit	Webinar on POCSO Act and Gender Equality was held on 19-6-2021 Resource Person: Dr. Athidi Kishore, Head, South India Rakshin Project, Sakshi , NGO, Delhi.
2	To create awareness about Gender Equality	Decided to conduct a webinar on Gender Equality	NSS Unit	A webinar on Gender Equality was held on 10-7-2021, World Population Day Resource Person: Smt. Simi Peter, Director of True Vision Child Resource Centre , Pala
3	To sensitise the students about violence against women	Decided to conduct a webinar on the topic	NSS Unit	Webinar on Domestic Violence & Dowry Prohibition Act was held on 24-7-2021 Resource Person: Sri. E. Ayyokbkhan, Chairman of the Meenachil Thaluk Service Society and Family Judge
4	To make of girl students understand the gender stereotypes existing in society and to overcome them	Decided to create awareness among the girl students about gender stereotypes through a webinar	Avnika: Women's Cell	A Webinar on "The Role of Youth in Combating Gender Stereotypes" was conducted on 31-8-2021 Resource Person: Smt. Cissa M. George, Assistant Professor, Dept of

				Social Work, LISSAH College, Kaithapoyil
5	To promote the talents of girl students	Decided to conduct a special programme in connection with Onam Celebrations in which girl students reveal their talents	Avnika: Women's Cell	Pennonam Ponnonam: Onam Celebrations was held on 22-09-2021
6	To sensitize the students about the rights of the girl child	Decided to conduct a seminar on child rights	NSS Unit	Seminar on Child Right Laws and Prohibition of Selection Act was held on 11-10-2021 Resource Person: Adv. Johnson Mathew Guest of Honour: Sri. Thomas Chazhikadan, MP
7	To create awareness about the different facets of gender	Decided to conduct a webinar on gender	Avnika: Women's Cell & Gender Justice Forum in association with District Women and Child Welfare Department & Mahila Shakthi Kendra	Kanal: A Webinar on Gender Awareness was conducted on 12-10-2-21
8	To create awareness about the perils of the cyber world	Decided to make the students aware of the hidden dangers of the cyber world and the precautions to be taken while using social media	NSS Unit	Organized a webinar on Cyber Law on 18-10-2021 Resource Person: Adv. Biju Joseph Guest of Honour: Sri. G Padmakumar, Judicial First Class Magistrate, Pala
9	To instill self confidence among girl students about their knowledge level	Decided to conduct a quiz competition	Avnika: Women's Cell	Keraleeyam: Quiz Competition was held on 1-11-2021
10	To sensitize the students about atrocities against women	Decided to make the students affirm their solidarity to fight against atrocities against women	Avnika: Women's Cell	Conducted an Oath taking Ceremony: Stop Atrocities against Women on 8-12-2021

11	To sensitise the students about the safety of women	Decided to conduct an intercollegiate competition focusing on the themes of women's safety and empowerment	Avnika: Women's Cell & Gender Justice Forum in association with District Women and Child Welfare Department	Intercollegiate Pencil Drawing Competition on Women's Safety and Empowerment was conducted on 17-12- 2021
12	To make the girl students aware of having financial independence through acquiring jobs	Decided to conduct a debate on the primacy of Studies over Marriage	Avnika: Women's Cell & Gender Justice Forum	Debate on 'Should the Age of Marriage for Women be Raised to 21' was held on 22-12-2021
13	To create an awareness among girl students about menstrual health and hygiene	Decided to conduct a webinar on the topic	Avnika: Women's Cell & Gender Justice Forum	A webinar, 'My Period: My Pride' was conducted on 4-2-2022 Resource Person: Dr. Blessy Job
14	To make the students aware of the talents, potential and the crucial role of women in society	Decided to celebrate the Women's Day with appropriate programmes	Avnika: Women's Cell & Gender Justice Forum	International Women's Day was celebrated on 8-3-2022 with the following programmes: 1. Short Film Presentation 2. Beauty n Grace: Personality Contest 3. Jump n Jive: Fusion Dance 4. Break the Bias: Awareness Rally
15	To Bring out the talents of girl students highlighting gender equality	Decided to celebrate Women's Day with programmes that highlight the talents of girl students beyond traditional gender barriers	NSS Unit	Celebrated Women's Day focusing on the theme "Gender equality for a sustainable tomorrow" with the following programmes: 1. Tug of War 2. Arm Wrestling ( for students and staff) 3. Flash Mob 4. Solo Performance

## 2. Report of the Programmes

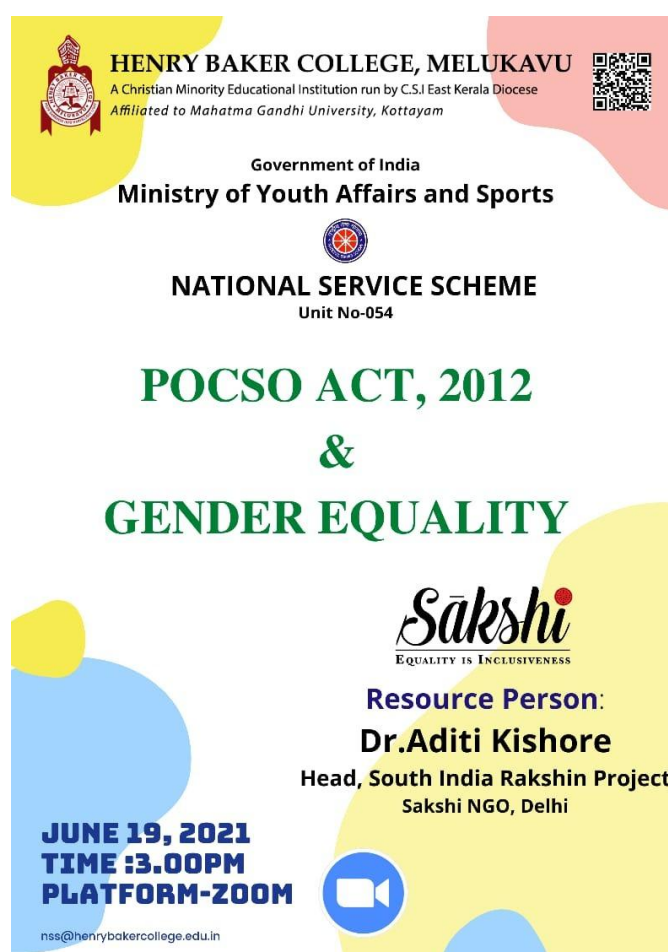
1.

### Programme: Webinar on POCSO Act and Gender Equality

Date: 19-06-2021

Organized by: NSS Unit, Henry Baker College & The Ministry of Youth Affairs and Sports

National Service Scheme of Henry Baker College in association with the Ministry of Youth Affairs and Sports conducted a Webinar on POCSO Act and Gender Equality on June 19, 2021 at 3.00pm. The key objective of the webinar is to raise awareness about the POCSO Act. Dr. Athidi Kishore, Head, South India Rakshin Project, Sakshi NGO was the guest speaker. He delivered a lecture on legal implications of POCSO Act. He highlighted the importance of knowing the child Rights and laws for preventing child sexual abuse. He stated that gender equality is strongly tied to women's rights. Ninety nine students participated in the programme.



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Government of India  
**Ministry of Youth Affairs and Sports**

**NATIONAL SERVICE SCHEME**  
Unit No-054

**POCSO ACT, 2012**  
&  
**GENDER EQUALITY**

**Sakshi**  
EQUALITY IS INCLUSIVENESS

**Resource Person:**  
**Dr. Aditi Kishore**  
Head, South India Rakshin Project  
Sakshi NGO, Delhi

**JUNE 19, 2021**  
**TIME :3.00PM**  
**PLATFORM-ZOOM**

nss@henrybakercollege.edu.in

College Webinar

zoom.us/jc/96452337338/join?track\_id=8jmf\_code=8&meeting\_result=&tk=&cap=undefined&refTK=&rn=&po=1&epk=1x4575x-bmiRW8H43ceyPMQTJHLgPdIOgrQ...

REC

Justin Jose

Aditi

Mubeena M.M

Fathima Nadha P

Anjali Shiju

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HOSTS OF THE WEBINAR:

**Sākshi**

EQUALITY IS INCLUSIVENESS

Sakshi, a capacity building organization working for Gender Equality since 1992. It is a pioneer in working against Sexual Harassment at work place and Child Sexual Abuse in India.

THE RAKSHIN PROJECT

Unmute

Start Video

Participants 209

Share Screen

Chat

More

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Show all

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College Webinar

(65) WhatsApp

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REC

Justin Jose

Aditi

FSLU RHMN

Radhika Haridas

Dilsha vv

View Options

THE RAKSHIN PROJECT

#StopChildSexualAbuse

40000 COLLEGES

400000 STUDENTS

2 YEAR PROGRAMME

ONLINE / OFFLINE SESSIONS

RAKSHIN FELLOWSHIPS - 5 LEVELS

FACEBOOK LEARNING COMMUNITY

SUSTAINED ENGAGEMENT

RESOLUTION MECHANISMS

RAKSHIN - PREVENTOR OF CHILD SEXUAL ABUSE

Unmute

Start Video

Participants 224

Share Screen

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**2.**

**Programme: World Population Day: Webinar on Gender Equality**

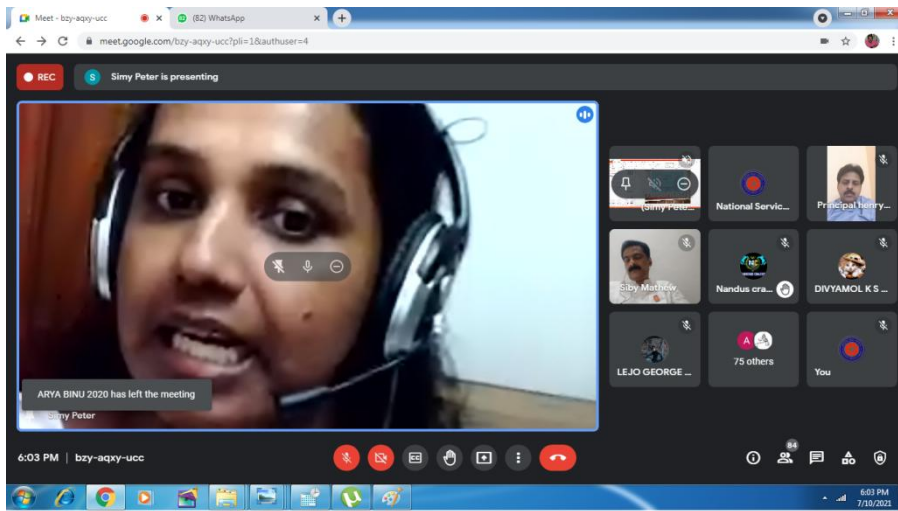
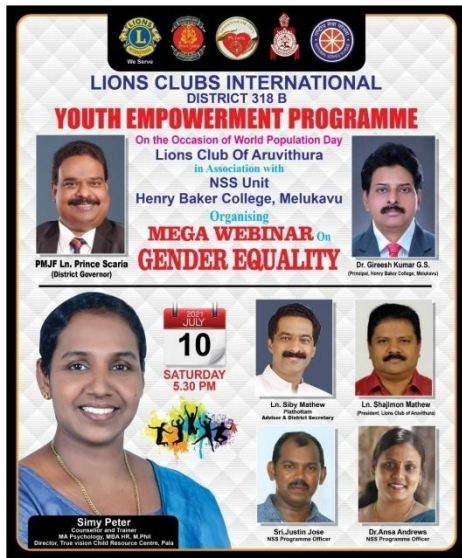
**Date: 10-07-2021**

**Organized by: NSS Unit, Henry Baker College & Lions Club International, Aruvithura**

As part of commemorating the World Population Day, the NSS unit of Henry Baker College, in association of with Lions Club International, Aruvithura organised a Webinar on “Gender Equality” on July 10 2021 at 5.30 pm. The welcome note was proposed by NSS programme officer Sri. Justin Jose. Principal Dr. Gireesh Kumar G S presided over the meeting. In his address, he stated that the young generation, especially young women should imbibe the leadership qualities along with the economic empowerment. Lions District Secretary Ln. Siby Mathew enlightened the gathering on the Youth Empowerment Programmes conducted by the Lions Club. The guest speaker, Smt. Simi Peter, Director of True Vision Child Resource Centre , Pala, elaborated on the importance of building a culture of gender fairness in our families as well as societies. Across the world, women are facing gender discrimination, marginalization, and other atrocities. It includes unequal access to education, employment and other opportunities. She stressed that taking actions on ending violence against young women and girls must be promoted worldwide. This will definitely bestow a democratic and equitable society for women all over the world. The talk was followed by an active discussion on gender based discriminations in contemporary India. The webinar concluded by the vote of thanks proposed by Ln. Shajimon Mathew, President Lions Club of Aruvithura. Ninety Five students participated in the programme.

**Outcome:**

1. Students got an opportunity to identify the challenges of gender based issues.
2. The programme sensitized the participants on the existing legal provisions on gender equality in India.



**3.**

**Programme: Webinar on Domestic Violence & Dowry Prohibition Act**

**Date: 24-07-2021**

**Organized by: NSS Unit, Henry Baker College & Meenachil Taluk Legal Services Committee and Lion's Club International, District 318B**

Objective: To make aware of the laws against dowry system and domestic violence.

National Service Scheme of Henry Baker College, Melukavu in association with Meenachil Thaluk Legal Services Committee and Lion's Club International, District 318B, organized a webinar on Domestic Violence and Dowry Prohibition Act on 24 July 2021 at 2.00 pm. Secretary of Legal Service Committee Smt. Soniya Joseph extended a warm welcome to the gathering. Dr. G. S. Gireesh Kumar, the Principal of the college rendered the presidential address. He motivated the students to stand against the deep rooted social evils of dowry system which plays a key role in making the women victims of domestic violence. Sri. E. Ayyokbkhan, Chairman of the Meenachil Thaluk Service Society and Family Judge inaugurated the programme. In his address, he briefly explained the laws against domestic violence and dowry. He stated that domestic violence has crippled the lives of several vulnerable women. Many of them are suffering atrocities including mental, physical and sexual abuse from the husband and from the family members of the husband in a domestic setting. He stressed that time is ripe to echo our voice against the dowry system and domestic violence. The resource person Adv. Gigi Thomas, in his subject presentation enlightened the participants that any act of gender-based violence that results in, or is likely to result in, physical, sexual or psychological harm or suffering to women, including threats, coercion or arbitrary deprivation of liberty, whether occurring in public or domestic sphere will be treated as violence against women. He further stated that domestic violence figures at the top in violence against women. He reminded that it is the responsibility of the young generation to eradicate the dowry system. The subject presentation was followed by an active interactive session. Ln. Siby Mathew Plathottan, Secretary of Lions Club Aruvithura and Dr. Ansa Andrews, NSS Programme Officer congratulated the organizing committee for making the programme a grand success. Sri. Justin Jose, NSS Programme officer expressed words of gratitude to the dignitaries and participants. Ninety nine students participated in the programme.

**NATIONAL SERVICE SCHEME**  
**HENRY BAKER COLLEGE, MELUKAVU**  
 UNIT NO. 054

*In Association with*  
**MEENACHIL TALUK LEGAL SERVICES COMMITTEE**  
 &  
**Lions Club -318-B**  
*Organises a Webinar on*  
**DOMESTIC VIOLENCE ACT & DOWRY PROHIBITION ACT**

**INAUGURATION**

**24**  
July  
2021  
2.00 pm



**Sri. E. Ayyobkhan**  
Chairman, MTLSC, Pala / Family Judge Pala



<http://meet.google.com/sog-yybr-vmv>

**Presidential Address**



**Dr. Gireesh Kumar G.S**  
Principal

**Welcome Speech**



**Smt. Sonia Joseph**  
Secretary, TLSC, Pala

**Subject Presentation**



**Adv. Gigi Thomas**

**Felicitation**



**Ln. Siby Mathew Plathottam**  
District Coordinator

**Felicitation**



**Dr. Ansa Andrews**  
NSS Programme Officer

**Vote of thanks**



**Sri. Justin Jose**  
NSS Programme Officer

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**4.**

**Programme: Webinar on ‘The Role of Youth in Combating Gender Stereotypes’**

**Date: 31-08-2021**

**Organized by: Women’s Cell, Henry Baker College**

Women’s Cell, *Avnika* organised a webinar on the topic **The Role of Youth in Combating Gender Stereotypes** on August 31<sup>st</sup>,2021 at 2.00pm with an objective of creating an awareness on gender equality. The Webinar was inaugurated by our Principal Dr. Gireesh Kumar G.S followed by the Welcome address from Mrs.Elizabeth Joseph, Coordinator, Women’s Cell. Principal, in his inaugural address described the significance of gender equity. He focused on the need to take women out of their nests, make them more equipped in every sense to open up their wings in their career and emerge as successful future academic leaders of the nation. Mrs.Cissa M George, , Asst.Professor, Dept.of Social Work, Little Flower Institute of Social Sciences and Health was the invited speaker. Based on the premise that everyone is equal the resource person highlighted the need to switch from the stereotypical notions of womanhood. In her presentation, she focused on various aspects of inequality faced by women. She also shared her own personal experiences in the sphere of life and work. She pointed out the necessity of creating an inclusive world through the removal of gender bias and inequality. She concluded her session by handing over the baton to all the young minds who are destined to make gender equality a reality. After the talk there was a vibrant interactive session which was moderated by Ms.Amina Kabeer), Student Coordinator ,(III B.A Eng)Women’s Cell. The session concluded with the discussion on solutions for the betterment of women’s condition in the current scenario. In the end Ms.Ashly Mathew(III B.A Eng),explicitly thanked the speaker for her enlightened lecture based on facts and all the participants for making the webinar a grand success. The webinar was attended by more than 90 participants and was recorded and uploaded in the YouTube for wider circulation.

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**WOMEN CELL**  
**AVNIKA**

**WEBINAR**

**THE ROLE OF YOUTH IN COMBATING GENDER STEREOTYPES**

**31 August 2021**  
**2.00 PM**

**Smt. Cissa M George**  
 Asst. Professor, Dept. of Social Work, LISSAH College, Kaithapoyil

**Coordinators**  
 Smt. Elizabeth Joseph  
 Smt. Aneeta Elizabeth Manuel

Link Webinar - eliazos.88@gmail.com x Meet - lvh-pjkr-cfx

meet.google.com/lvh-pjkr-cfx

REC PROGRAMMES HBC is presenting

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29°C Rain showers

2:10 PM 8/31/2021

Link Webinar - eliazos.88@gmail.com x Meet - lvh-pjkr-cfx

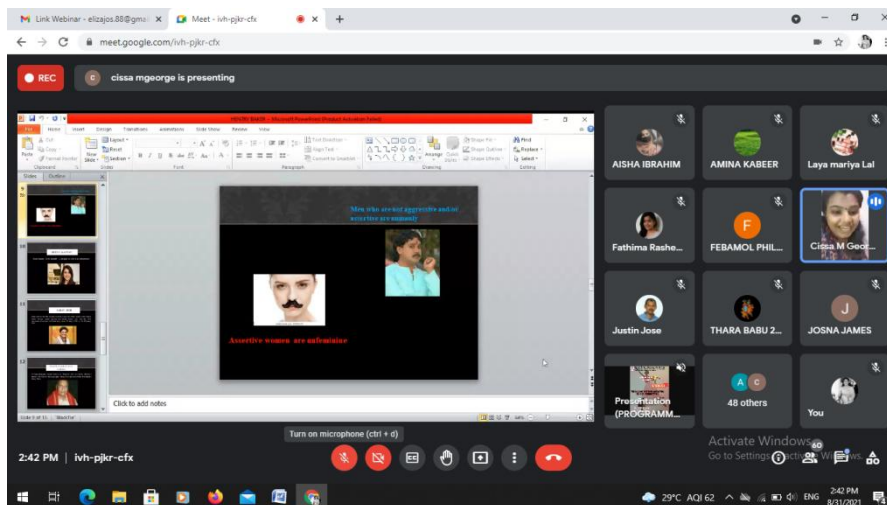
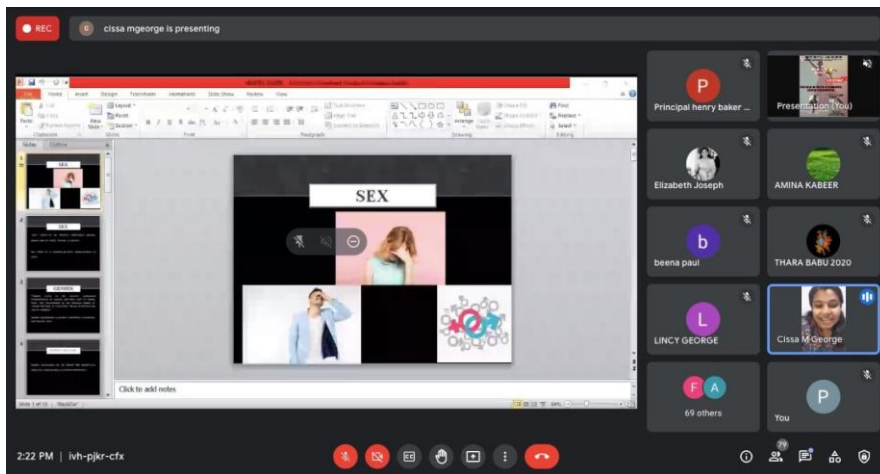
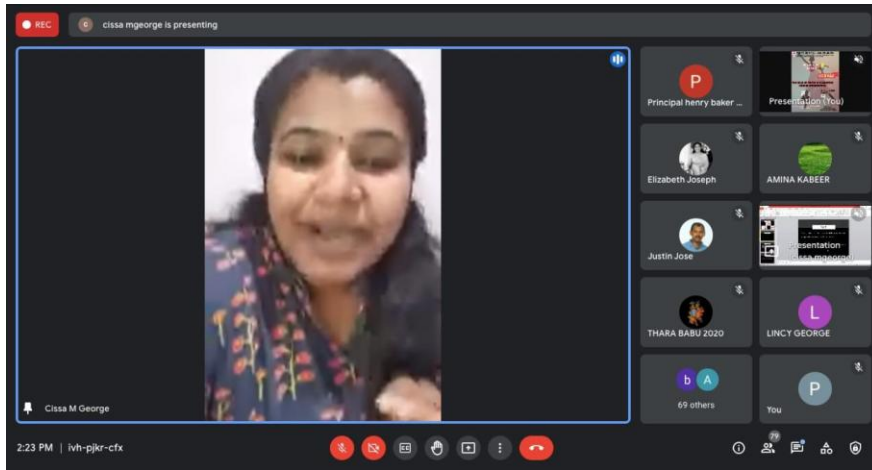
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REC PROGRAMMES HBC is presenting

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2:14 PM 8/31/2021



5.

**Programme: Onam Celebration: Photo Contest “Ammayodoppam”**

**Date: 22-09-2021**

**Organized by: Women’s Cell, Henry Baker College**

As part of the Onam celebrations, women's cell organised a variety of programs on 22 September 2021 via online mode. Women's cell arranged a Photo contest - 'Ammayodoppam' and dairy writing competition- 'Maveliyude Dairykkurippukal'.

**Henry Baker College Melukavu**  
**WOMEN CELL**  
**AVNIKA**  
**PRESENTS**  
**പെണ്ണോണം പൊന്നോണം**  
**2K21**  
**ONLINE**  
**COMPETITIONS**  
\*Ammayodoppam (Photo Contest)  
\*Maveliyude Dairykkurippukal

**പെണ്ണോണം പൊന്നോണം**  
**ONLINE COMPETITIONS INSTRUCTIONS**  
\*The photo must be original in its state and cannot be altered in any way.  
\*Upload images in JPEG format  
\*Both the mother and the son/daughter should be in traditional onam attire.  
\*Judgement is based on the clarity and novelty of the image.  
\*Maveliyude Dairykkurippukal must not exceed 4 pages.  
\*The language preferred is Malayalam.  
\*Judgement is based on the creativity and style of writing.  
\*Send your diaries as PDF or document to the provided mail or Whats App number.  
**COORDINATORS**  
Mrs. Elizabeth Joseph  
Mrs. Aneeta Elizabeth Manuel  
**\*\*Last date of submission - 22/8/2021**  
9496352375  
7025859152  
womencell@henrybakercollege.edu.in  
**ENTRIES MUST BE SUBMITTED VIA WHATSAPP OR TO THE EMAIL ID OF THE WOMEN CELL.**

Kumari Ashly Mathew (III BA English) secured first prize and Amina Kabeer (III BA English) secured the second prize in the Ammayodoppam photo contest respectively.



Kumari Aswathy Suresh ( II B.Com Co-operation) bagged first position and Safna A S (II BA English) & Ashly Mathew (III BA English) shared the second prize in the writing competition 'Maveliyude Dairykkurippukal' respectively.

**6.**

**Programme: International Girl Child Day: Seminar on Child Right Laws and Prohibition of Selection Act**

**Date: 11-10-2021**

**Organized by: NSS Unit, Henry Baker College, Meenachil Taluk Legal Services Committee and Lion's Club International, District 318B**

**Objective:** To celebrate the importance, power, and potential of girls around the world.

A series of events were organized by the NSS Unit of HBC in pursuance with Azadi ka Amrit Mahotsav to commemorate the 75th anniversary of India's Independence. HBC NSS in association with Meenachil Thaluk Legal Services Committee and Lion's Club International, District 318B organized a seminar on International Girl Child Day on "Child Right Laws and Prohibition of Selection Act" on 11 October 2021. The programme was started by 10.30 am with a silent prayer. Smt. Soniya Joseph, Secretary of Legal Services Society extended warm welcome to all. Principal of our college, Dr. Gireesh Kumar G S delivered the presidential address. He encouraged the girl students to celebrate the power of girls. Honourable M P, Sri. Thomas Chazhikadan inaugurated the seminar. He pointed out that the girls in India are still not given equal opportunities. It is the social responsibility of all citizen of India to protect girls from abuse, violence and exploitation. He urged all to join our hands for the empowerment of girls and fulfillment of their human rights. He congratulated our student, Ms. Treesa Rose V. J., who secured the first rank (B. Com) in the University Examination for her success and gave away the certificate. The chief guest of our programme was PMJF Ln. Prince Scaria, District Governor of Lions Club interacted with the students. He elaborated on the services and activities of Lions Club. The resource person of the seminar Adv. Johnson Mathew enlightened the participants on "Child Right Laws and Prohibition of Selection Act." He sensitized the students on certain special rights and legal entitlements of children. As children are socially and physically weakest elements of our society, the constitution of India guaranteed several rights regarding their livelihood, education, liberty along with prohibition of child labour. The seminar was followed by an active discussion. Ln. Siby Mathew, District Secretary proposed the vote of Thanks. Eighty five students participated in the seminar.

**Outcome:** The seminar helped the students to increase their awareness of gender inequality faced by the girls. It also sensitized the students on the Child Rights guaranteed by the Constitution of India.





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### NATIONAL SERVICE SCHEME

In Association with

Meenachil Taluk Legal Services Committee

&

Lions Club International, District 318 B

## International Girl Child Day

11 October 2021, 10.30 am



Inauguration

Seminar on  
Child Right Laws &  
Prohibition of Selection Act

Resource Person  
Adv. Biju Elamthuruthy



Adv. Thomas Chazhikadan  
Member of Parliament, Kottayam



7.

**Programme: *Kanal*-An Online Gender Awareness Programme**

**Date: 12-10-2021**

**Organized by: Women's Cell & Gender Justice Forum, Henry Baker College, District Women and Child Development Office and Mahila Shakti Kendra**

Women's Cell and Gender Justice Forum in association with the District Women and Child Development Office and Mahila Shakti Kendra organised a gender awareness programme titled *Kanal* on 12<sup>th</sup> October 2021 at 11.30 am via Google Meet. Smt.Heleena Rajan Philip, Women Welfare Officer,Mahila Shakti Kendra extended a warm welcome to those who were virtually connected in the webinar. In the commencement of the session, she introduced the resource person and assured for an enlightening experience through the upcoming talk. Principal Dr.Gireesh Kumar G.S delivered the inaugural address. He urged the need for eradicating the gender disparities and setting up an inclusive world without any discriminations. He pointed out the availability of various options and opportunities for the calibrated progress of women. **Smt. Benee Wilson**, Gender Trainer was the resource person. In the initial stage she talked on the fundamental concepts in gender studies. She illustrated her points through slide presentation. The speaker outlined the importance of women empowerment. She spoke poignantly about the gender discriminations and persisting challenges faced by women in our society. Unseen ,Unheard violence and abuses against women must be stopped. She emphasized the need to protest against all sorts of abuses against women. She concluded the session by making an exhortation that once a woman chooses to challenge , half the battle is won. After the session there was an open discussion and the resource person responded to the queries raised by the participants. Ms.Amina Kabeer(III B.A Eng)Student Coordinator, Women Cell moderated the whole session. Dr.Beena Paul, Coordinator Gender Justice Forum proposed the Vote of thanks. She expressed her deep sense of gratitude to the District Women and Child Development Office and Mahila Shakti Kendra for taking initiative in organising this gender awareness programme. She thanked each and everyone who provided relentless support for the successful completion of the webinar.There was cent percent participation in the webinar. The webinar was attended by more than 100 participants and it was live streamed in the YouTube for wider circulation.



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ജില്ലാ വനിതാ ശിശു വികസന ഓഫീസ്  
& മഹിളാ ശക്തി കേന്ദ്ര  
കോട്ടയം



ഒന്നാം നില, സിവിൽ സ്റ്റേഷൻ, കോട്ടയം, പിൻ: 686002  
ഫോൺ: 9496235103/9446938500



**കനൽ - ജെൻഡർ അവബോധ  
പരിശീലന പരിപാടി**

മുഖ്യസംഘാടകർ - ജെൻഡർ ജസ്റ്റീസ് ഫോറം & വിമൻസ് സെൽ,  
ഹെൻറി ബേക്കർ കോളേജ് മേലുകാവ്.

ഉദ്ഘാടനം

ക്ലോസ് നയിക്കുന്നത്



തീയതി-12/10/2021  
ചൊവ്വ.  
സമയം-11.30 am



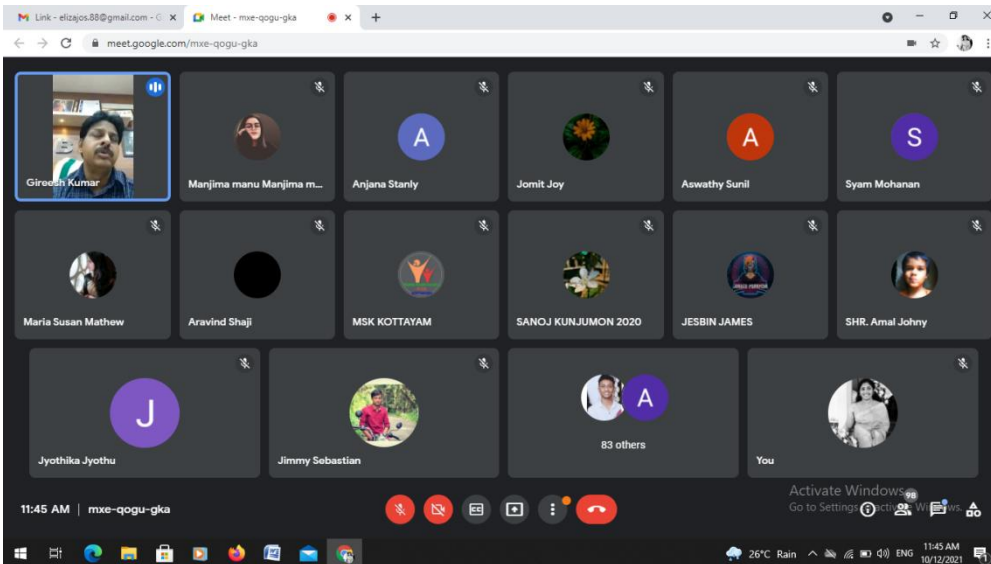
ഡോ.ഗിരീഷ് കുമാർ.ജി.എസ്  
പ്രിൻസിപ്പൽ

ശ്രീമതി. വെണി വിൽസൺ,  
ജെൻഡർ പരിശീലക.

Platform Google Meet

ഏവർക്കും സ്വാഗതം.

Live on YouTube



Link - elizajs.88@gmail.com - X Meet - mxe-qogu-gka

meet.google.com/mxe-qogu-gka

BENE WILSON is presenting

12:20 PM | mxe-qogu-gka

24°C Rain

12:20 PM 10/12/2021

Link - elizajs.88@gmail.com - X Meet - mxe-qogu-gka

meet.google.com/mxe-qogu-gka

BENE WILSON is presenting

ജൻഡർ ബന്ധങ്ങൾ .....

11:58 AM | mxe-qogu-gka

24°C Rain

11:58 AM 10/12/2021

Link - elizajs.88@gmail.com - X Meet - mxe-qogu-gka

meet.google.com/mxe-qogu-gka

BENE WILSON is presenting

S No	Year	Number of women MPs	% of Women MPs
10	1957	22	4.45%
11	1971	28	5.4
12	1991	39	7.3
13	2004	45	8.27%
14	2009	59	10.87
15	2014	66	12.15
16	2019	78	14%

12:05 PM | mxe-qogu-gka

24°C Rain

12:05 PM 10/12/2021

Link - elizjos.88@gmail.com - Meet - mxq-qogu-gka

meet.google.com/mxq-qogu-gka

BENE WILSON is presenting

**CHROMOSOMES**

**Biological Sex**

Male, female or intersex.

A lot of people are here. The people list shows them all. [View all](#)

12:24 PM | mxq-qogu-gka

Activate Windows  
Go to Settings to activate Windows.

24°C Rain 10/12/2021

Link - elizjos.88@gmail.com - Meet - mxq-qogu-gka

meet.google.com/mxq-qogu-gka

BENE WILSON is presenting

**ലിംഗപദവിയും  
നിയമങ്ങളും**

12:39 PM | mxq-qogu-gka

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24°C Rain 10/12/2021

**8.**

**Programme: Webinar on Cyber Law**

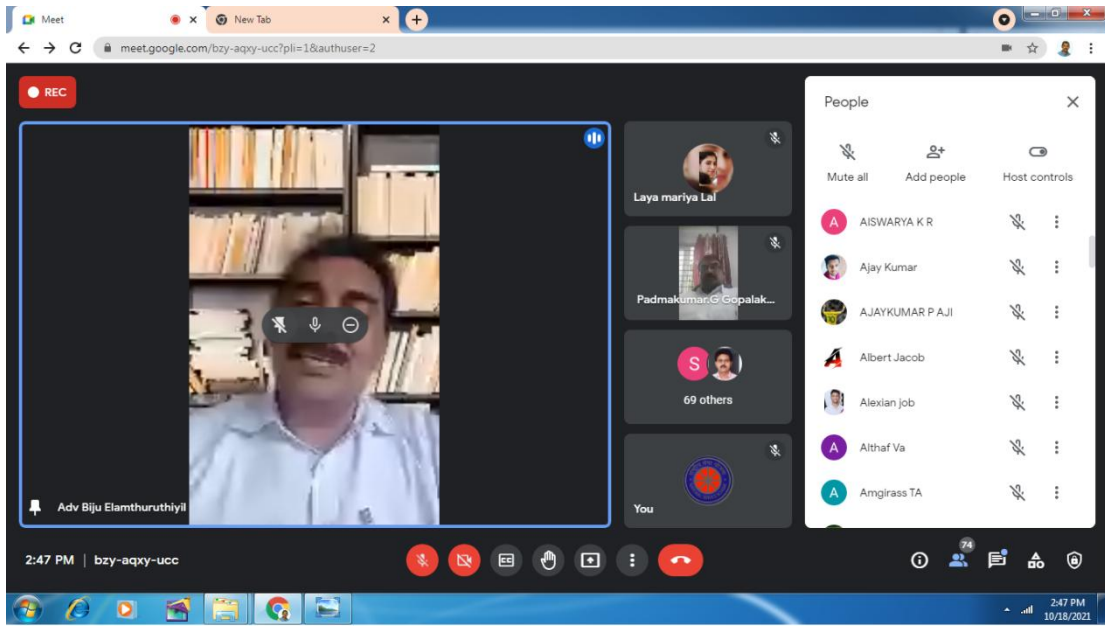
**Date: 18-10-2021**

**Organized by: NSS Unit, Henry Baker College, in association with Meenachil Thaluk Legal Service Committee and Lions Club of Aruvithura**

Objective: Create awareness on Cyber crimes and Cyber laws which is related to legal informatics, e-commerce, software and information security.

National Service Scheme of Henry Baker College, in association with Meenachil Thaluk Legal Service Committee and Lions Club of Aruvithura organized a webinar on Cyber Law on 18 October 2021. Prof. K P Joseph, Para Legal Volunteer welcomed the dignitaries. Presidential address was delivered by the Principal, Dr Gireesh Kumar G S. Sri. G Padmakumar, Judicial First Class Magistrate, Pala inaugurated the programme. In his address, he pointed out the legal frame work of Cyber Laws and the utmost importance of understanding it. Adv. Biju Joseph, the resource person, in his talk discussed in detail about the Cyber Crimes and Cyber Laws which assure legal protection to the people. He elaborated on cyber security policies which provide guidance to all who are vulnerable to cybercrime. He pointed out the three major categories of cyber crimes which include crimes against people, property and government. The talk was followed by an active discussion on cyber crimes. Dr. Ansa Andrews, NSS Programme officer proposed the vote of thanks. Ninety one students participated in the programme.

Outcome: Sensitized the students on Cyber Crimes and Cyber Laws.



**HENRY BAKER COLLEGE, MELUKAVU**  
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 Affiliated to Mahatma Gandhi University, Kottayam

APPROVED BY UGC UNDER 2(F) & 12(B) | ACCREDITED BY NAAC WITH A GRADE (CGPA 3.06) | AN ISO 9001:2015 CERTIFIED

**NATIONAL SERVICE SCHEME**  
 In Association with  
**Meenachil Taluk Legal Services Committee**  
 Under the Aegis of NALSA  
 &  
**Lions 318 B**

**Webinar on CYBER-LAW**

**18 October 2021, 2.00 pm**

**Inauguration**

<b>Presidential Address</b>	<b>Subject Presentation</b>
 <b>Dr. Gireesh Kumar G.S</b> Principal	 <b>Adv. Biju Joseph</b>
<b>Welcome Speech</b>	<b>Vote of Thanks</b>
 <b>Prof. K P Joseph</b> Para Legal Volunteer	 <b>Dr. Ansa Andrews</b> NSS Programme Officer
<b>Felicitation</b>	
 <b>Ln. Siby Mathew</b> District Secretary	
 <b>Smt. Soniya Joseph</b> Secretary TLSC Pala	 <b>Sri. Justin Jose</b> NSS Programme Officer

Google Meet  
bzy-aqxy-ucc

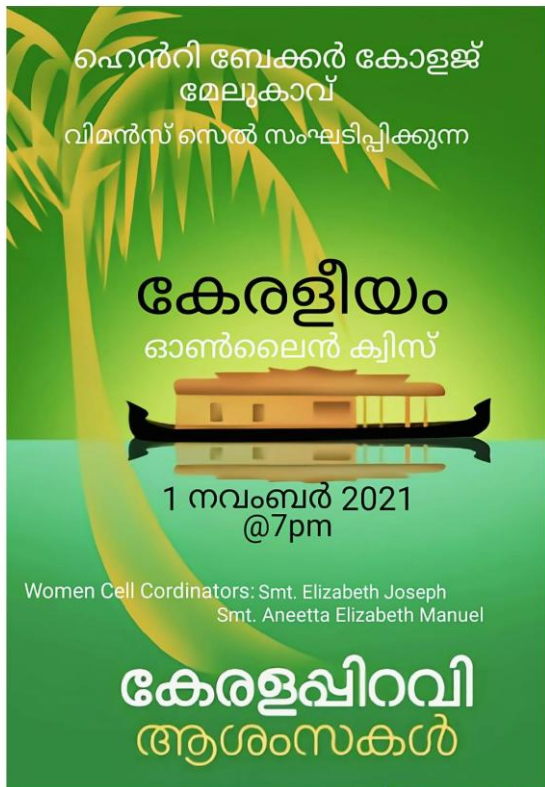
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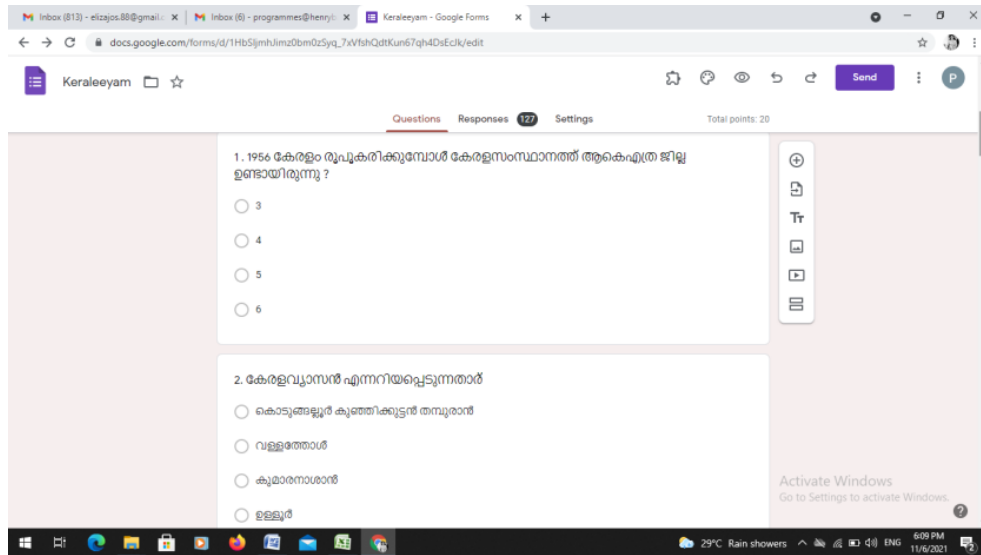
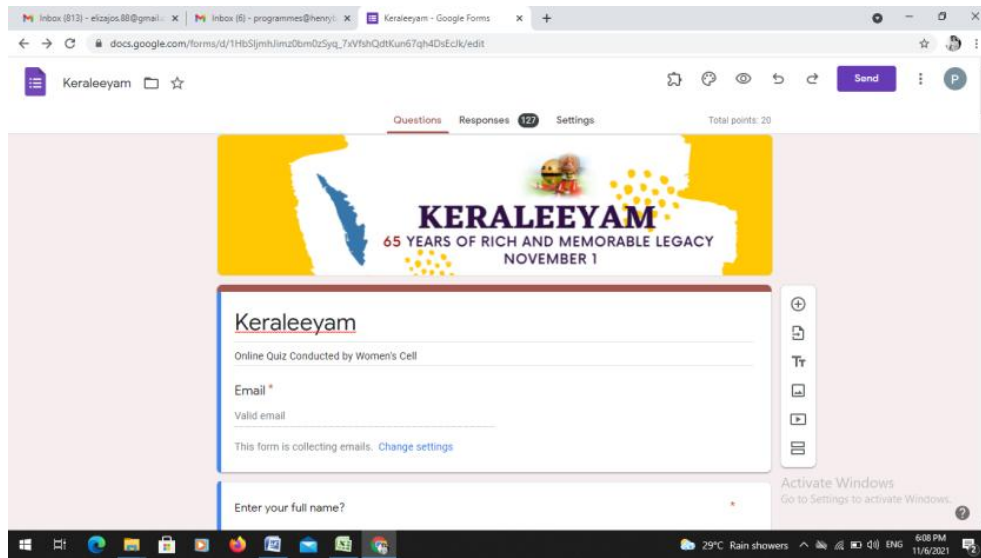
**Programme: Keraleeyam : Online Quiz**

**Date: 01-11-2021**

**Organized by: Women’s Cell, Henry Baker College**

**Keraleeyam**-An online quiz competition was conducted by the cell on 01.11.2021 at 7.00pm in order to commemorate the special day..The quiz included twenty questions that highlighted the rich cultural heritage and uniqueness Kerala.The programme paved the way to remember and honour our mother land. There were 127 participants. Participation Certificates were issued to all the participants.







HENRY BAKER COLLEGE MELUKAVU  
ACCREDITED WITH 'A' GRADE (5.06 CGPA)

## CERTIFICATE OF PARTICIPATION

This is to certify that

**Elizabeth Joseph**

Henry Baker College Melukavu, has successfully participated in the Online Quiz "Keraleeyam" in connection with the Keralapiravi celebrations (1 November 2021) organised by the Women's Cell.

  
DR. GIREESH KUMAR G.S  
Principal

  
ELIZABETH JOSEPH  
Coordinator Women's Cell

  
ANEETTA ELIZABETH MANUEL  
Joint Coordinator Women's Cell



HENRY BAKER COLLEGE MELUKAVU  
ACCREDITED WITH 'A' GRADE (5.06 CGPA)

## CERTIFICATE OF PARTICIPATION

This is to certify that

**Amina Kabeer**

Henry Baker College Melukavu, has successfully participated in the Online Quiz "Keraleeyam" in connection with the Keralapiravi celebrations (1 November 2021) organised by the Women's Cell.

  
DR. GIREESH KUMAR G.S  
Principal

  
ELIZABETH JOSEPH  
Coordinator Women's Cell

  
ANEETTA ELIZABETH MANUEL  
Joint Coordinator Women's Cell

**10.**

**Programme: Oath Taking Ceremony: Stop Atrocities against Women**

**Date: 01-11-2021**

**Organized by: Women's Cell, Henry Baker College**

The Kerala High Court Legal Services Committee has launched a new project-Victim Rights Centre for vulnerable groups in society which include women, children, transgender and sexual minorities, ethnic minorities, SC/ST, women prisoners and the children living with them.16 day activism period was declared by United nations to fight gender based violence against women and girls. As part of the official launch of this project a pledge was circulated among colleges all over Kerala. From 9<sup>th</sup> December onwards we held the Oath taking ceremony with great enthusiasm. The students pledged their solidarity to end violence against women and girls. It emphasized the need for action to liberate women from factors that hinder their progress, dignity and empowerment.



11.

## Programme: Intercollegiate Pencil Drawing Competition

Date: 17-12-2021

Organized by: Women's Cell & Gender Justice Forum, Henry Baker College in association with The Women and Child Welfare Department Erattupetta

*Art connects what words cannot..*

The poster features the Henry Baker College logo at the top, including its name, location (Melukavu, Rottayam), founding year (1581), and accreditation (NAAC 'A' Grade, ISO 9001:2015). It is organized by the Gender Justice Forum & Women's Cell, HBC, in association with the Women and Child Welfare Department, Erattupetta. The event is titled 'Gender Awareness Programme & Intercollegiate Pencil Drawing Competition' and is held on 17-12-2021 at 12:00 pm. The theme is 'Women Safety and Empowerment' and 'Atrocities Against Women'. Prizes include cash (Rs. 2001 for first, Rs. 501 for second) and certificates. The inaugural address is by Dr. Gireesh Kumar G.S. (Principal), and the resource person is Smt. Jasmine K. (Child Development Project Officer, Women and Child Development Department, ICDS, Erattupetta). Coordinators are Dr. Beena Paul (Gender Justice Forum) and Mrs. Elizabeth Joseph, Mrs. Anetta Elizabeth Manuel (Women's Cell).

**HENRY BAKER COLLEGE**  
MELUKAVU, ROTTAYAM Founded 1581  
Accredited by NAAC With 'A' Grade ISO 9001 : 2015 Certified Institution

Gender Justice Forum & Women's Cell, HBC  
in Association with  
The Women and Child Welfare Department, Erattupetta

**Gender Awareness Programme & Intercollegiate Pencil Drawing Competition**

17-12-2021  
Friday at 12.00pm  
★ Themes ★  
'Women Safety and Empowerment'  
'Atrocities Against Women'

**Cash Prizes, Mementos & Certificates**  
First - Rs. 2001 | Second- Rs. 501  
Participation certificates will be provided

**Inaugural Address : Dr. Gireesh Kumar G.S (Principal)**  
**Resource Person : Smt. Jasmine K.**  
(Child Development Project Officer), Women and Child Development Department, ICDS, Erattupetta.

**Dr. Beena Paul**  
(Coordinator,  
Gender Justice Forum)

**Mrs. Elizabeth Joseph**  
**Mrs. Anetta Elizabeth Manuel**  
(Coordinators, Women's Cell)

Gender Justice Forum and Women's Cell in association with The Women and Child Welfare Department Erattupetta organised a Gender Awareness programme and an Intercollegiate Pencil Drawing Competition (Block Level) on 17/12/2021 Friday at 12 pm in the seminar hall.



The competition was held in order to develop the creative minds of the students. 11 students participated in the event. The themes given were Women Safety and Empowerment, Atrocities against Women etc. The programme started at around 12.15 pm. Principal Dr. Gireesh Kumar G.S inaugurated the function and Dr. Beena Paul, Convenor, Gender Justice Forum delivered the welcome speech. Smt. Jasmine K, CDPO, ICDS Erattupetta led the session by providing a general awareness on Women Safety and empowerment. Smt. Elizabeth Joseph, Coordinator, Women's Cell proposed the vote of thanks. It was a successful event. The participants actively participated and wondrously showcased their creative talents. The result was declared later. Daliya Rajeshwaran of I BA Eng bagged the second prize with a cash award of Rs.501/-. The event highlighted the artistic splendor of the students.



**12.**

**Programme: Debate: Should the Age of Marriage for Women be Raised to 21**

**Date: 22-12-2021**

**Organized by: Women's Cell & Gender Justice Forum, Henry Baker College**

Gender Justice Forum and Women's Cell jointly conducted an Interdepartmental Debate Competition on 22/12/2021 on the topic "Should the age of marriage for women be raised to 21". The debate was designed to hone the skills of students to be out-spoken individuals and to express themselves on bigger platforms. The programme instilled a thinking mind among the students who were aware of the socio economically relevant matters. The event began around 10.30am where students from various departments and faculty members gathered as audience to cheer up the participants. Principal Dr. Greesh Kumar G.S inaugurated the event. Dr Beena Paul, Convenor, Gender Justice Forum welcomed the gathering. There were a total of 8 participants, 2 from each department. The participants were already given their motion as for or against the topic. It was a hot discussion. Smt. Sabitha Krishnan of History Department acted as the moderator. It was a highly stimulating talk with different views and opinions on their respective motions. The speakers were full of energy and enthusiasm which kept the audience enthralled till the end. Smt. Elizabeth Joseph thanked the gathering for their tireless support. The event aimed at exposing students to debating skills. Amina Kabeer & Laya Mariya Lal, III BA English bagged the first prize. Karthika Das & Josna Sebastian, II M.A History won the second prize.

Laya Mariya Lal was selected as the best speaker. Consolation Prizes were given to all contestants. It was a wonderfully coordinated event.

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Gender Justice Forum & Women's Cell, HBC

**INTERDEPARTMENTAL DEBATE  
COMPETITION**

Topic  
"Should the age of  
marriage for women  
be raised to 21"

**December 22  
2021**  
**10.30 AM**  
**@ SEMINAR HALL**

Dr. Beena Paul  
(Coordinator,  
Gender Justice Forum)

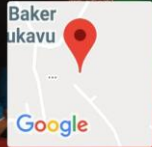
Mrs. Elizabeth Joseph  
Mrs. Annette Elizabeth Manuel  
(Coordinators, Women's Cell)



Melukavumattam, Kerala, India  
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Kerala 686652, India  
Lat 9.786202°  
Long 76.756539°  
22/12/21 11:49 AM



Melukavumattam, Kerala, India  
Unnamed Road, Melukavumattam, Kerala 686652, India  
Lat 9.786276°  
Long 76.7565°  
22/12/21 10:52 AM



Melukavumattam, Kerala, India  
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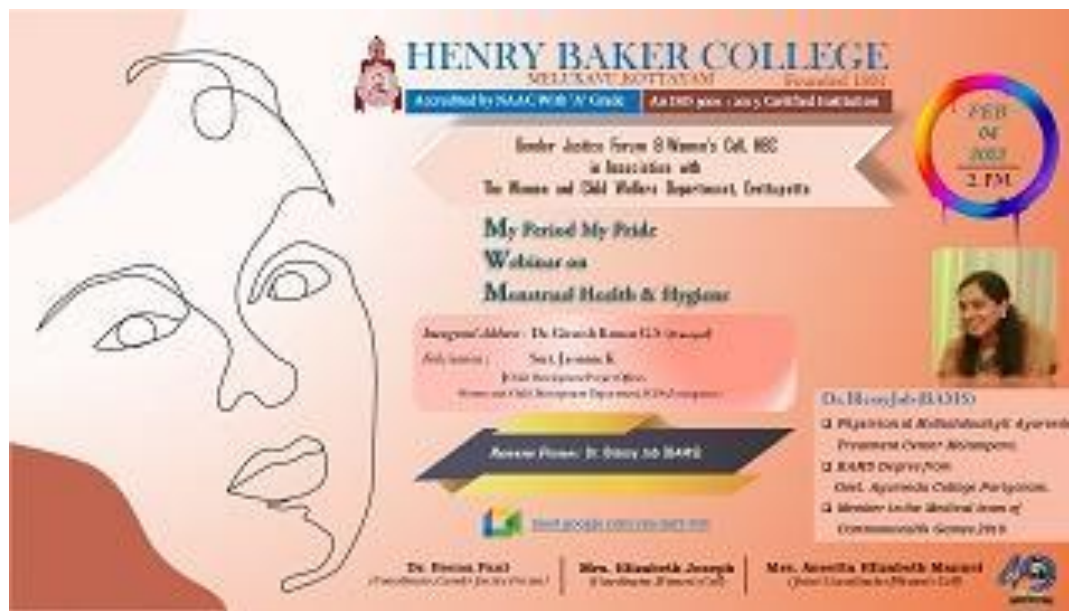


13.

**Programme: Webinar on Menstrual Health and Hygiene-My Period, My Pride**

**Date: 04-22-2022**

**Organized by: Women's Cell & Gender Justice Forum, Henry Baker College**



Gender Justice Forum & Women's Cell in association with The Women and Child Welfare Department, Erattupetta organised a webinar on Menstrual Health and Hygiene-My Period,My Pride on 4/2/2022. The programme aimed at providing menstrual literacy by helping girls to access their future with confidence and body-positive attitude. Dr.Blessy Job BAMS was the resource person. Dr.Blessy put a spotlight on the necessity of menstrual health and hygiene. The session was quite informative as the resource person shared some useful resources based on the topic. Her talk highlighted the crucial things women need to keep in mind while on a period. She also talked about the myths and taboos on menstruation and the need to overcome those restrictions through menstrual literacy. She presented a short guide on menstrual products, which one to use and which ones are recommended by the Health departments. The programme started with a silent prayer. Smt.Aneetta Elizabeth Manuel, Joint Coordinator, Women's Cell delivered the welcome speech. Principal Dr.Gireesh Kumar G.S inaugurated the programme. In the inaugural address the principal pointed out the importance of educating youngsters so as to remove the shame associated with menstruation. Smt.Jasmine K ,CDPO, Women and Child Welfare Department offered felicitations. She said that both men and women should engage in the discussion about puberty and menstraual cycle. She also highlighted the significance of

menstrual hygiene in our daily life. Ms.Ashly Mathew of III B.A English proposed the vote of thanks. The webinar lasted for approximately 1-1.5 hours-The session was lively and fruitful. The participants had lots of queries and the resource person provided ample explanations and suggestions that cleared their doubts.

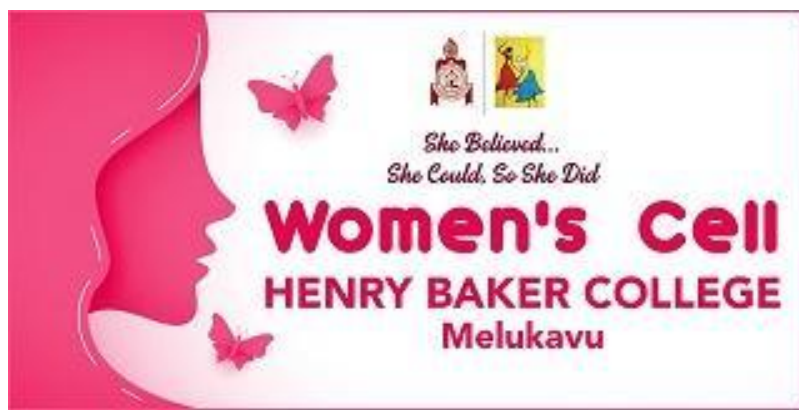


14.

**Programme: International Women's Day Celebrations**

**Date: 08-03-2022**

**Organized by: Women's Cell & Gender Justice Forum, Henry Baker College**



International Women's Day was celebrated with much pomp and vigour on 8<sup>th</sup> March 2022. The programme aimed at raising an awareness about the status and dignity of women in various fields. The programme started with seeking the blessings of God. Dr.Beena Paul extended a cordial welcome to the gathering. Principal Dr.G.S Gireesh Kumar addressed the gathering and encouraged all women to keep excelling consistently. He shared his opinion that achieving gender equality and empowering all women and girls is very significant as it ensures an inclusive and quality education for all.



After the inaugural session we honoured the senior most woman of our institution, Smt.Rajamma Chechi, our menial staff..We saluted her relentless efforts in making our campus litter-free. Following this a lucky draw was arranged for all the lady staff of the institution. Smt. Silbimol M, Office staff was the winner. The event was fun filled and awe inspiring.





A short film titled *Vaiga* was displayed in the auditorium .It conveyed an inspiring message to the women of this generation to be women of courage, compassion and care and at the same time not forgetting to be a self reliant and an independent woman.



The programme grew more exhilarating with the personality contest-*Beauty & Grace*.Our contestants received thunders of applause from the audience in each rounds.Each contestant excelled in their own way.Kumari Anju Manoharan III B.Sc Physics adorned the title Princess of the Day.Laya Mariya Lal, II BA English was the first runner up. Priya R, II MA History was the second runner up. The event evaluated various dimensions of the personalty of the

contestants. The event aimed at providing a platform where our girls can come forward and speak fearlessly.





There was a fusion dance *Jump & Jive* following this event. Our dancers performed merrily on stage. It was a scintillating performance that mesmerized the spectators.



The programme ended with an awareness rally *Break the Bias*. The objective behind the rally was to sensitise the public about the significance of women empowerment and gender equality. The rally was flagged off by Principal Dr. Gireesh Kumar G.S. The students and staff actively participated in the rally holding banners and placards with slogans written on them. The student volunteers were enthusiastically shouting slogans which highlighted the significance of gender equality. The rally was colourful and thoughtful. It boosted up the self confidence of our girls.







The programme ended successfully. It instilled a hope and faith for a gender neutral future for all women.

**15.**

**Programme: International Women's Day Celebrations**

**Date: 08-03-2022**

**Organized by: NSS Unit, Henry Baker College**

Objective: To raise awareness on women's equality

Marked annually, March 8th, International Women's Day (IWD) is one of the most important days of the year to celebrate women's achievements and raise awareness on women's equality. The NSS unit of Henry Baker College Melukavu celebrated Women's Day in a very special way. After the outbreak of Covid 19 pandemic, this was the first opportunity for our students and teachers to come together and commemorate such a special day. "Gender equality for a sustainable tomorrow" was the theme of International Women's Day. Outdoor games such as tug of war and arm wrestling (for staff and students) were organized. The flash mob of our volunteers was greatly appreciated by the whole college. It was an extremely memorable day for all of us especially the girl volunteers of our NSS unit as all the games were exclusively for them. The following are the winners:

**Tug of War**

- I Prize- Department of Commerce
- II Prize- Department of English

**Arm Wrestling( for students)**

- I Prize- Aksamol K B, I B A English
- II Prize- Vijitha Sukumaran, II M Com

**Arm Wrestling( for staff )**

- I Prize- Smt. Elizabeth Joseph, Department of English
- II Prize- Dr. Disha V J, Department of Chemistry

**Solo Performance**

- I Prize- Lekshmi Priya S, III B Sc Physics & Sneha Lobaji, III BA English



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## NATIONAL SERVICE SCHEME



"Gender Equality Today for a Sustainable Tomorrow"

ON 07 MARCH 2022, 2.15 PM



### വടംവലി

(ആനപ്പുറം അച്ചാക്ക കലാമണ്ഡലം)

### പഞ്ചഗുസ്തി

(സോണിയയുമായി പിടിക്കാം)



### സോളോ പെർഫോമൻസ്

(പട്ടമ്പി കലാമണ്ഡലം)



For more details  
Contact  
NSS Programme Officers  
Dr. Ansa Andrews  
Justin Jose





